

SANDPOINTER

February 17, 2010

Sand Point Community United Methodist Church
4710 NE 70th St., Seattle, WA 98115-6148
206-523-3040 www.sandpointumc.org
Cathlynn Law, Pastor



Ash Wednesday

February 17th 7:00 p.m. in the Chapel

Let us prepare our hearts for Lent by receiving the imposition of ashes reminding us that "once we were dust, and to dust we shall return."



Annual All Church Rummage Sale April 30th & May 1st

If you have quality used items that you no longer use or need, bring them to the church during regular business hours. Or, you may bring items to the church on Saturday, April 24th and Sunday, April 25th between 2:00 & 4:00 p.m.

Helpers are needed to sort, price, set-up and cashier for the sale. Please contact Ngaire Taylor if you are interested and able to help.

Note: Items that we **CANNOT** accept: computers, copy machines, exercise equipment, car chains, playpens, adult clothing and televisions. Please call Ngaire with questions regarding furniture.

Couple's Date Night

Missed the last date night? Not too late to join! Email Nate to sign up for our next one, Saturday, February 27th.

Camping Sunday!

Everyone is invited March 7th after church to celebrate Methodist Camping and take time to share stories, great food, and fun songs.

Calendar

Regular Weekly Events

- Sunday** 10:00 a.m. - Morning Worship Service
11:15 a.m. - Fellowship Hour, Perry Hall
5:00 p.m. - Youth Group, at Wallingford
- Monday** 7:00 p.m. - Bible Study, Fireside Room
- Tuesday** 10:00 a.m. - Women's Bible Study
7:30 p.m. - AA, Lehmann Hall
7:30 p.m. - Alanon, Choir Room
- Wednesday** 7:30 p.m. - Chancel Choir Rehearsal, Sanctuary
- Friday** 6:00 p.m. - AA, Fireside Room
- Saturday** 7:30 p.m. - Alanon, Fireside Room

Upcoming Events

- Wednesday, February 17th**
9:30 a.m. - Probus, Fireside Room
7:00 p.m. - Ash Wednesday Service, Chapel
- Thursday, February 18th**
9:00 a.m. - Men's Bible Study, Fireside Room
7:00 p.m. - Family Ministry Meeting, Youth Room
- Saturday, February 20th**
Youth Lock-In at Wallingford UMC
- Sunday, February 21st**
11:15 a.m. - Enrichment Hour
- Monday, February 22nd**
7:00 p.m. - Living the Questions, Fireside Room
- Tuesday, February 23rd**
7:00 p.m. - Church Council, Fireside Room
- Saturday, February 27th**
Conference Youth Retreat
2:00 p.m. - Memorial Service Millie Anderson
5:00-8:00 p.m. - Date Night, Fireside Room & Youth Room
- Sunday, February 28th**
Conference Youth Retreat
11:15 a.m. - Enrichment Hour

Sandpointer Deadlines:

Mailed	Information Due
March 3	February 26
March 17	March 12

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Enrichment Hours during Lent: Paths to Prayer

There are so many different ways of offering our prayers to God. Each Sunday during Lent, we will focus on a different prayer practice for you to try out and incorporate into your prayer life, especially during the season of Lent. Come join us Sundays after worship in the Fireside Room.

February 21st Come experience and learn about *Praying the Hours*, *Lectio Divina*, and *The Daily Examen*. You will also have an opportunity to take a Prayer Styles Self Assessment, should you choose to discover what prayers style you might resonate with.

February 28th Are you curious about more innovative ways of praying? We will experience prayer through movement, with prayer beads, and possibly a labyrinth.

March 7th Centering Prayer These words from Psalm 46 describe centering prayer—"Be Still and Know that I am God." Ways to be still include tuning into our breath, using guided imagery, and giving our spiritual life a special time and place.

March 14th We already know that music is important at Sand Point. Come listen to the thoughts of our Music Director, Jeremy Matheis, as he shares different ways of incorporating music as prayer in our lives.

March 21st Prayer at Sand Point Our prayer life is rich and active not just on Sunday mornings when we have communal prayer in worship, or when we pray at meetings, but also with our prayer circle, our prayer shawl ministry, and special services for healing.

Mark your Calendars!

Our next retreat will be August 27th-29th! Save the date on your calendars so your family can join us to celebrate the end of the summer with a final weekend on the beach at Camp Indianola!

Living the Questions

Please join us as we continue our Monday video series *Living the Questions*, with Tony Russo. We continue until March 8th, each Monday evening from 7-9 p.m.

Years of Joy

*After 17 years of years of being honored to come to your home by way of the **Sandpointer**, I will be stepping down. I remember one of my first articles when my son was just barely a year old, was about Margaret Story, who with her husband Bob, were pillars in our Sand Point family. Today my son is nearly 18 and there are many new faces that have stepped in to take over where the Storys left off. I, too, have gone through many changes. It is with great love for you all that I pass the privilege of editor on. I have been a part of the Sand Point family over the last 38 years, sharing the milestones and memories in all of our lives, and plan to continue to do so by reading the **Sandpointer** to keep updated. I wish you all my best and thank you for the many years of joy you all have brought me.* - Wendy Davis

Note: SPRC has asked the office manager to step in as editor.

Family Ministry Team

Thursday, February 18th at 7pm in the youth room will be our next meeting.

Youth Lock In

February 20th the youth will have a great lock-in at Wallingford UMC where we will enjoy fun games and active worship in the morning.

Vacation Bible School

We have chosen the theme for this years Vacation Bible School: *Baobab Blast*. Registration materials, volunteer opportunities and other information will be out soon. Until then, mark your calendars for July 19-23rd so you too can be apart of this years Baobab Blast!

Paths to Prayer

In January, I had an experience that illustrates the fact that there are many paths, and many ways to pray - and some are too amazing for words. I went for a morning walk where the rocks have been placed to form a labyrinth pattern in the desert. Two mothers with several small children, including two four year old girls, were walking nearby. I was alone in the labyrinth until the four year olds spotted me, and were given permission to join me. They asked, "What are you doing?" and I said, "Walking, singing, and praying." "Can we walk with you?" they asked. I said, "Sure", and soon I was feeling a bit like the Pied Piper.

I went back to humming "Sweet Hour of Prayer" and one of the little ones began singing "Away in a Manger". I sang along with her, and when we had finished she took my hand. By now we were friends, so she told me about her cat who can't pee. I suggested we say a prayer for her cat as we were walking. No words were needed for this prayer. That is the great thing about walking in nature with a child holding your hand. Words are absolutely superfluous, to say nothing of the fact that I was too touched to speak.

On five Sundays in Lent, we will be traveling the *Paths to Prayer* during the Enrichment Hours. Please come to listen to others, and share your stories about prayer. Love and Peace wherever you are walking, singing, and praying today. - Berta Cohen